

PIF	PIC	Bib	First Name	Last Name	Field	Class	Time	City
ClassName: F 15 - 19								
55		1	60 Amanda	Haack	Adult Duathlon	F 15 - 19	34:09.6	ALEXANDRIA
ClassName: F 20 - 29								
64		1	4 Erin	Egerman	Adult Duathlon	F 20 - 29	36:56.4	MINNEAPOLIS
98		2	12 Anika	Thill	Adult Duathlon	F 20 - 29	56:32.9	ALEXANDRIA
100		3	10 Karlie	Willenbring	Adult Duathlon	F 20 - 29	03:29.6	LINO LAKES
999		4	2 Kate	Struthers	Adult Duathlon	F 20 - 29	35:04.7	MILWAUKEE
999		5	22 Trinayani	Freeberg	Adult Duathlon	F 20 - 29	57:53.3	ST. LOUIS PARK
ClassName: F 30 - 39								
21		1	69 Vanessa	Nagel	Adult Duathlon	F 30 - 39	19:42.5	BLOOMINGTON
26		2	29 Jennifer	Olson	Adult Duathlon	F 30 - 39	24:18.5	RICE
28		3	15 Jodi	Johnson	Adult Duathlon	F 30 - 39	25:05.7	SARTELL
32		4	56 Jessi	Paul	Adult Duathlon	F 30 - 39	26:08.9	SAUK RAPIDS
35		5	49 Kari	Osmondson	Adult Duathlon	F 30 - 39	27:15.2	ST CLOUD
40		6	27 Sarah	Branstad	Adult Duathlon	F 30 - 39	28:35.3	ALEXANDRIA
50		7	64 Heather	Remer	Adult Duathlon	F 30 - 39	31:30.3	WINSTED
57		8	66 Erin	Ross	Adult Duathlon	F 30 - 39	34:39.0	SAINT JOSEPH
59		9	44 Dani	Waltzing	Adult Duathlon	F 30 - 39	34:47.7	ALEXANDRIA
61		10	20 Camie	Ihrke	Adult Duathlon	F 30 - 39	35:28.4	BECKER
ClassName: F 40 - 49								
36		1	19 Chris	Nehring	Adult Duathlon	F 40 - 49	27:43.3	KIMBALL
44		2	31 Dina	Khaled	Adult Duathlon	F 40 - 49	29:40.6	MINNEAPOLIS
49		3	8 Jodi	Reddan	Adult Duathlon	F 40 - 49	31:25.4	LAKEVILLE
52		4	65 Karen	Johnson	Adult Duathlon	F 40 - 49	32:53.7	ALEXANDRIA
56		5	55 Amy	BRAIG-Lindstrom	Adult Duathlon	F 40 - 49	34:22.6	SARTELL
69		6	95 Kimberly	Kasper	Adult Duathlon	F 40 - 49	37:58.4	ST CLOUD
78		7	42 Michelle	Johnson	Adult Duathlon	F 40 - 49	41:51.8	MOORETON
79		8	41 Liane	Mauch	Adult Duathlon	F 40 - 49	41:51.9	MANTADOR
84		9	17 Tamara	Hagstrom	Adult Duathlon	F 40 - 49	43:38.2	ALEXANDRIA
86		10	40 Jessica	Rugland	Adult Duathlon	F 40 - 49	45:07.7	WAHPETON
ClassName: F 50 - 59								
23		1	13 Cindy	Lewandowski	Adult Duathlon	F 50 - 59	21:00.3	SARTELL
29		2	47 Judith	Peters	Adult Duathlon	F 50 - 59	25:22.3	ST. CLOUD

80	3	73 Jane	Hutzol	Adult Duathlon	F 50 - 59	41:54.8	ARVILLA
90	4	71 Monica	Cofell	Adult Duathlon	F 50 - 59	45:52.3	ST. JOSEPH
92	5	43 Caryn	Klosterman	Adult Duathlon	F 50 - 59	45:55.7	MOORETON
103	6	51 Karrie	Thies	Adult Duathlon	F 50 - 59	06:12.7	ST. PAUL

ClassName: F 60 - 69

25	1	23 Pam	Stevens	Adult Duathlon	F 60 - 69	24:13.0	SARTELL
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ClassName: M 11 - 14

39	1	58 Hayden	Netland	Adult Duathlon	M 11 - 14	28:28.8	MOORHEAD
85	2	96 Thomas	Klecker	Adult Duathlon	M 11 - 14	44:38.7	ALEXANDRIA

ClassName: M 20 - 29

2	1	82 Spencer	Uetz	Adult Duathlon	M 20 - 29	04:50.1	GRAND FORKS
9	2	32 Jordan	Rheault	Adult Duathlon	M 20 - 29	12:33.7	WEST FARGO
15	3	37 BLAKE	STEINBRING	Adult Duathlon	M 20 - 29	17:34.9	ALEXANDRIA
46	4	59 Alex	Haack	Adult Duathlon	M 20 - 29	30:10.5	ALEXANDRIA
65	5	39 Vince	Beacom	Adult Duathlon	M 20 - 29	37:04.8	MILWAUKEE
77	6	83 Jacob	Haack	Adult Duathlon	M 20 - 29	40:55.5	MAPLE GROVE

ClassName: M 30 - 39

1	1	92 Andy	Zabel	Adult Duathlon	M 30 - 39	04:20.3	SARTELL
4	2	54 John	Loquai	Adult Duathlon	M 30 - 39	07:21.1	AFTON
10	3	16 Aaron	Bumgarner	Adult Duathlon	M 30 - 39	12:36.2	NELSON
18	4	72 Ryan	Hughes	Adult Duathlon	M 30 - 39	18:50.2	ALEXANDRIA
20	5	46 Bryce	Swenson	Adult Duathlon	M 30 - 39	19:25.5	ALEXANDRIA
24	6	3 Randy	Dehmer	Adult Duathlon	M 30 - 39	22:13.0	ROGERS
33	7	84 Justin	Rausch	Adult Duathlon	M 30 - 39	26:41.1	ALEXANDRIA
34	8	6 Jason	Berg	Adult Duathlon	M 30 - 39	27:05.9	COLUMBIA HEIGHTS
37	9	80 Anthony	Zimny	Adult Duathlon	M 30 - 39	27:55.9	ALEXANDRIA
58	10	21 Josh	Ihrke	Adult Duathlon	M 30 - 39	34:46.4	BECKER

ClassName: M 40 - 49

3	1	93 Chris	Hagen	Adult Duathlon	M 40 - 49	07:11.5	LITTLE FALLS
30	2	89 Lance	Westerlund	Adult Duathlon	M 40 - 49	25:30.5	SAINT STEPHEN
31	3	1 Steven	Chell	Adult Duathlon	M 40 - 49	25:43.5	ALEXANDRIA
38	4	74 Pete	Bright	Adult Duathlon	M 40 - 49	28:23.6	ALEXANDRIA

ClassName: M 50 - 59

5	1	79 Joseph	Schneiderhan	Adult Duathlon	M 50 - 59	07:59.7	ALEXANDRIA
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6	2	25 Rob	Madgwick	Adult Duathlon	M 50 - 59	08:39.7	SAUK RAPIDS
7	3	34 kurt	devine	Adult Duathlon	M 50 - 59	11:03.0	LITTLE FALLS
8	4	77 Robbie	Halvorson	Adult Duathlon	M 50 - 59	11:11.3	PLYMOUTH
19	5	30 Scott	Eide	Adult Duathlon	M 50 - 59	18:55.1	AVON
43	6	62 KLARK	LARSON	Adult Duathlon	M 50 - 59	29:23.0	SAINT JOSEPH
47	7	53 craig	knodle	Adult Duathlon	M 50 - 59	30:58.8	FERGUS FALLS
68	8	68 Tom	Zemke	Adult Duathlon	M 50 - 59	37:48.6	PLYMOUTH
73	9	78 steven	ess	Adult Duathlon	M 50 - 59	39:40.7	COLUMBIA HEIGHTS
76	10	94 Patrick	Gromatka	Adult Duathlon	M 50 - 59	40:03.9	ALEXANDRIA

ClassName: M 60 - 69

14	1	48 Bryan	Swenson	Adult Duathlon	M 60 - 69	16:16.9	ALEXANDRIA
75	2	50 Rick	Rangel	Adult Duathlon	M 60 - 69	39:59.8	WAITE PARK

ClassName: M 70+

53	1	76 John	Pokorney	Adult Duathlon	M 70+	33:22.7	BERTHA
54	2	24 Daryl	Stevens	Adult Duathlon	M 70+	33:37.1	SARTELL

ClassName: Relay

11	1	139 Jaci	Loween	Adult Duathlon	Relay	12:48.5	ALEXANDRIA
11	1	140 Mike	Loween	Adult Duathlon	Relay	12:48.5	ALEXANDRIA
12	2	110 Wanda	Gau	Adult Duathlon	Relay	14:14.6	SAINT CLOUD
12	2	111 Michael	Sjogren	Adult Duathlon	Relay	14:14.6	SAINT CLOUD
13	3	120 Reece	Stephens	Adult Duathlon	Relay	15:31.5	AVON
13	3	121 Kathy	Stephens	Adult Duathlon	Relay	15:31.5	AVON
16	4	118 Jill	Silvernail	Adult Duathlon	Relay	18:03.7	ST. CLOUD
16	4	119 Curt	Karolus	Adult Duathlon	Relay	18:03.7	SARTELL
17	5	122 Adam	Konczewski	Adult Duathlon	Relay	18:46.2	SARTELL
17	5	123 EMILIANA	COFELL	Adult Duathlon	Relay	18:46.2	ST. JOSEPH
22	6	129 Joe	Klein	Adult Duathlon	Relay	19:50.3	RICHMOND
22	6	130 Bill	Molitor	Adult Duathlon	Relay	19:50.3	COLD SPRING
27	7	144 Scott	Johnston	Adult Duathlon	Relay	24:40.1	ALEXANDRIA
27	7	145 Craig	Haberman	Adult Duathlon	Relay	24:40.1	ALEXANDRIA
41	8	135 Christie	Nohre	Adult Duathlon	Relay	28:51.6	ALEXANDRIA
41	8	136 Amy	Weisser	Adult Duathlon	Relay	28:51.6	SAUK CENTRE
42	9	116 Dave	Staples	Adult Duathlon	Relay	29:05.2	KENSINGTON
42	9	117 Gary	Sabolik	Adult Duathlon	Relay	29:05.2	KENSINGTON

	45	10	146 Paul	Ford	Adult Duathlon	Relay	30:03.6	ST CLOUD
	45	10	147 Audra	Vogel	Adult Duathlon	Relay	30:03.6	SARTELL